



# Feed Me:

## Movement Notes

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### Resources:

1. MOVEMENT IN THE 'PLAY IN A DAY' PERFORMANCES Video
2. Feed Me Video 1: Staging the movement

### Transcript of *introducing movement* video

#### Introducing movement:

The movement elements in our plays in a day can seem intimidating, on the page, but I'm here to reassure you that they couldn't be simpler. These sections are about telling the story with the pictures we make on stage, rather than the words we say, and for both primary and secondary age groups it's an ideal way to get ideas across, whilst keeping our school audience attention. And of course they can be great fun for you to lead, and your students will love expressing themselves physically, too.

#### Leading and Teaching movement:

When leading and teaching movement it is important that you enjoy it too – model what you want the students to do, so they can copy you. Make it fun, and use the music included with the play. All our bodies are different, so allow for individual expression, and for students to interpret movement in their own way. Having a clear signal for stopping is also important (a raised hand, a whistle etc.), as these group sections can sometimes be noisy!

#### Fitting it in:

Movement sections are a great way to pick up the energy after lunch, or after a long period of time learning lines. Rehearsing them little and often, as a warm up, is an ideal way to fit them.

#### Keep it simple:

Even if the movement sections will be different every time you practice them, they will still need some rehearsal, so it is important to keep it simple, and repeat, rather than doing something complex only once – I know from experience, this is where even professional performers forget everything!

#### Its up to you:

I'll give a few options here and there, so if dance, movement or theatre is something you love, or you are just feeling ambitious, then I'll give you ways you can make more of these elements if you want to give them more time leading up to the Play In A Day performance, but there will always be a simple version too, that will work just as well.

Created by Robin Guiver



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## 2. Staging the movement in *Feed Me*:

Feed me is a great piece, full of energy and fun, but also the opportunity for a very striking sequence in the rainforest, in the middle.

### Style:

The script notes are very clear on this – *Exaggerated* and *glitzy*. On stage you want to clearly create two different worlds: the world of the TV spilling over into the family's house, and the world of the south American family, one extreme and loud, the other quiet and natural. Your chorus (like a Greek chorus in ancient theatre) of students who play multiple roles, including the TV audience, the rainforest and its animals and the South American characters too.

The video contains notes on how to stage your rainforest, using students or cutouts. We also look how we travel there, and some of the gestures and movements that will be useful along the way. Finally we examine how we destroy the rainforest, and what we can do with our crowd once we return to the family home.

Enjoy staging the play, and good luck!

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